

# ***SUPPORT OUR KANSAS NATIONAL GUARD TROOPS OVERSEAS!!***

More than 550 Kansas National Guard troops are now stationed in the Horn of Africa to provide security and to be involved in missions that range from force protection to mentoring professional development.

The unit includes soldiers from the 1st Battalion, 161st Field Artillery, headquartered in Wichita with subordinate units in Dodge City, Great Bend, Lenexa, Liberal, Hutchinson, Newton, Paola, Pratt and Topeka, and from the 35th Military Police Company headquartered in Topeka.

## ***HELP US COLLECT NEEDED ITEMS FOR TROOP CARE PACKAGES!!***

Select from among the requested items listed on the back of this page and bring your donations with you to the Downtown Hutchinson Rod Run & Classic Car Show, September 30, October 1 and 2, 2011 and drop them off in the military trucks downtown. We will pack the Care Packages for mailing and ship them overseas.

## ***WRITE A LETTER IN SUPPORT OF OUR TROOPS TO BE INCLUDED IN THE CARE PACKAGE!!***

Letters of support can be from you, from children, or from your business, office, school, or other organization in support of our troops. Let the recipient know who is sending them the Care Package items so that they may correspond. There will be note cards, pens and space at the Rod Run for those who wish to sit and compose a message to the troops. Children will also have space to draw pictures and write messages at the Rod Run. Consider including a picture of your car or a family picture.

**THIS PROJECT IS MADE POSSIBLE WITH THE SUPPORT AND ASSISTANCE OF THE KANSAS ADJUTANT GENERAL'S DEPARTMENT PUBLIC AFFAIRS OFFICE IN TOPEKA.**

For more information, questions, or for an early drop-off of donated items, please call Janet Regier at 620-966-5447 or email [janet@hutchrodrun.com](mailto:janet@hutchrodrun.com).

SEE BACK SIDE FOR A LIST OF ITEMS

# CARE PACKAGE ITEMS FOR SOLDIERS

## FOOD AND SNACK ITEMS

*Please send non-perishable foods only. Single-serving package sizes are preferred; large packages won't stay fresh and are harder to ship. If you can stuff it in your pocket and it's not going to spoil or melt during the summer season, it's a good thing to send!*

- Gum, Lifesavers, Mints (blister pack gum is best because of the intense heat)
- Fruit: individual serving size cans of fruit, dried fruit
- Nuts, sunflower seeds, peanuts, trail mix
- Power bars, protein bars, nutritional bars
- Beef jerky, beef summer sausage (non-perishable; labeled USDA Beef)
- Single-serving bags of snacks, crackers, chips, snack mixes
- Pop Tarts, cereal bars, "milk & cereal" bars, granola bars
- Ramen Noodles, Cup-O-Noodles serving cups
- Ravioli and other canned ready-to-eat meals (canned or styrofoam single serving are best)
- Tuna lunch kits (includes foil pouch of tuna, crackers, and condiments in each single-serving kit)
- Canned sardines, smoked oysters
- Torengos® nacho-style chips and canned nacho cheese dip
- Jalapeño Velveeta® and crackers
- Taco Bell® Sauce Packets
- Seasoning salts, flavoring salts

## PERSONAL CARE ITEMS

*Lip balm is in high demand in desert areas. The lipstick-style tubes that you apply directly to your lips are preferred over the "tub" style. Eye drops are to relieve dry eyes; please avoid sending eye drops designed to remove redness as those will increase dryness and irritation caused by sand and storms in a desert climate.*

- Sunblock, Aloe Vera
- Throat Lozenges
- Gum, Lifesavers, Mints
- Eye Drops (to relieve dry eye, not redness)
- Blistex, Chapstick, Carmex (in stick-tubes rather than tubs)
- Aspirin, Motrin, Tylenol, Pain Relievers
- Saline spray/drops for sensitive nasal passages
- Q-tips
- Eyeglass wipes
- Feminine hygiene products for women Soldiers
- Jock itch spray
- Laundry soap tablets

## RECREATIONAL ITEMS

- Frisbee, Nerf Footballs, Hacky Sack, Tennis Balls
- Deck of cards
- Hand-held games
- Gameboy Advance games
- Movie DVDs (new or used; original only)
- Music CDs (new or used; original only)
- Paperback books, novels (new or used)
- Magazines (new or used, but fairly current)
- Portable DVD Players
- Portable CD Players
- Board Games
- Communication Items
- Small cassette player and small cassette tapes
- Disposable cameras
- Envelopes, paper, pens
- Small pads of paper
- Notebooks (a size they can keep in a pocket and keep dry)
- Drawing pads
- Small, blank journals
- Blank holiday cards (Christmas, Easter, Valentines, Birthday, Anniversary) that they can fill out and send back home to their family and friends

## BEVERAGE ITEMS

*We cannot ship liquids. However, they do need flavors to add to the drinking water provided to them. Please send pre-sweetened or sugar-free flavoring mixes in small or single-serving packages. During the colder months, hot beverages are in great demand. Please do not send glass jars.*

- Coffee, coffee mixes, tea
- Hot cocoa mix
- Lemonade mix, Kool-Aid mix, Tang, Iced Tea mix
- Gatorade mix (powdered only)
- Crystal Light (or other brand) "On The Go" flavor packets (these come in a box of several sleeves of flavoring that can be added to a 16-20 oz. water bottle)
- Sweetener, sugar and creamer packets for coffee

## PERSONAL SUPPLY ITEMS

- Batteries (AA are most requested, then AAA)
- Cigarettes, chew, cigars
- Tactical Duct tape: military green, tan or black
- Electrical tape
- Super glue
- 72" Bootlaces (brown or tan preferred)
- Quart-size, 1- and 2-gallon ziploc plastic bags
- Small travel pillow or inflatable pillows

## FOOT CARE ITEMS

*Footcare is critical and the demand for quality products is very high. Be sure that all items are in the original, sealed packages. Cotton socks, black, green, or white*

- Boot liners/insoles
- Odor eaters for boots
- Lotrimin AF or Tinactin for athlete's foot (tubes of ointment or cream, or the bottle of drops; please do not send the aerosol spray type)
- Medicated Foot Powder, Medicated Foot Swabs
- Moleskin (for pads on sore feet, you'll find it with Dr. Scholl's type things at Wal-Mart or drug stores)

## BODY WIPES AND HAND SANITIZERS

*When the Soldiers are out in the field, facilities for showering and taking care of personal hygiene are infrequent and in many locations non-existent. Portable-sized packages of non-alcohol based baby wipes are in high demand for these Soldiers.*

- Baby wipes for personal hygiene
- Waterless soap
- Liquid body wash
- Liquid hand sanitizers
- Disposable hand sanitizing wipes

## TOILETRY ITEMS

*Toiletries are not in as high a demand as they once were; however, we do have units at forward operating bases that still need the toiletries listed below:*

- Toothpaste (in hard-side tubes rather than traditional tubes)
- Toothbrushes
- Nail clippers
- Shampoo
- Deodorant
- Liquid bodywash soap, liquid anti-bacterial soap (liquid is easier to use than bar soap)
- Waterless soap
- Lotion
- Disposable razors
- ShaveMan™ Battery Powered Shaver (About \$5 at Wal-Mart and other discount stores; Mach3 Razors and replacement blades)
- Kleenex (travel-size packets)